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Proper care following your procedure is necessary to achieve the best results.

POST-PROCEDURE INSTRUCTIONS

- Drink plenty of water.
- Apply antibiotic ointment daily. This is especially important after cleansing and before bedtime.
- Cotton-tipped applicators should be used to apply healing ointment.
- Use sterile bandage(s) or sterile dressing(s) when necessary.
- Ice packs and/or a cold cloth may be applied as necessary to reduce swelling. Sleeping slightly elevated helps alleviate swelling sometimes seen the morning after facial procedures. Sleep on an old pillowcase or towel, as there may be seepage the first night, or two.
- About the 4th or 5th day your tattoo will itch and begin to flake and peel. **DO NOT PICK, PEEL, OR SCRATCH** the treated area or your color may heal unevenly and you risk scarring and infection; allow it to flake off on its own.
- No makeup is to be applied near the treated area for 72 hours after the procedure.
- Do not expose your healing skin to direct sun, tanning beds, hot tubs, saunas, salt water, chlorinated pools, direct shower spray, skin creams, ointments, or lotions other than what you have been instructed to use for 2 weeks following your procedure.
- Although the average tattoo takes 1 to 2 weeks to heal we do not recommend the following activities the first month; swimming, hot tubs, exposing to excessive steam, or submerging under water (baths).
- Showers are fine (in fact encouraged), but do not expose treated area to full pressure of the water in the shower.
- Do not shave the area until completely healed.
- Some bruising may occur, this is normal.
- Absolutely no cleansing creams or chemicals. Gently cleanse the cosmetic area with a mild antibacterial soap. You may rinse with water and lightly pat the area dry.

LONG-TERM CARE

- If you are planning a chemical peel, MRI, or other medical procedure, please inform your technician of your cosmetic tattoo.
- If you donate blood, it is a Red Cross policy that you must wait one year after any tattooing procedure.

Failure to follow post-procedure instructions may cause loss of pigment, discoloration or infection.

If you have any questions please call your physician or 805 ink.

Enjoy your permanent cosmetic!